

UMACO Approach to Hospitalizations

Admissions

⊕ Predictions

- **High Risk Patients**
 - Patients with multiple Chronic Conditions
 - Using data from **Hierarchical Condition Categories (HCC)** to prospectively estimate predicted costs for patients.

⊕ Prevention

- **Annual Physical & Wellness Visit**
 - Routine Exam
 - Preventive Screenings
- **Wellness Programs:**
 - Diabetes, Nutrition & Education Program
 - Fall Prevention Balance Program
 - Medical Weight Loss Program
 - Smoking Cessation
- **Proactive/Routine follow up care with PCP and Specialists**
 - Routine Assessment & services based on HEDIS guidelines
 - Tracking / follow up on outstanding orders
- **No Show Protocol**
 - Tracking System
 - Follow up communication process with patients to reschedule appointments.
- **Care Coordination**
 - Scheduling consult visits with Specialists and completing other outstanding orders.

Readmissions

⊕ Prevention

- **Care Coordination**
 - Scheduling hospital discharge follow up appointments with PCP and/or Specialists
- **Enrolling patients in Wellness Program**
 - Post-Acute Cardiology (CHF) Care Program
 - Diabetes, Nutrition & Education Program
 - Fall Prevention Balance Program
 - Medical Weight Loss Program
- **No Show Protocol**
 - Tracking System
 - Follow up communication process with patients to reschedule appointments.